

PRICES:

\$20 for a single class

\$120 a month



www.formwell.com

BOOT CAMP SCHEDULE

(Week at a Glance)

POLICIES

Classes expire a month after purchasing.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
	6:30-7:15am		6:30 - 7:15am			
					8:00-8:45AM <i>(1st / 3rd Saturdays)</i>	
9:45- 10:30AM		9:45 - 10:30AM		9:45- 10:30AM		9:00-9:45am <i>(Last Sunday only)</i>
	10-10:45AM		10-10:45AM			
					12-12:45PM	
	6:00 - 6:45 pm		6:00 - 6:45 pm			
	7:00 - 7:45pm		7:00 - 7:45pm			
*Classes are subject to change. Please refer to our online schedule. (www.formwell.com)						